
HOP THESE JAPANESE GARDENS IN TOKYO FOR A SOOTHING EXPERIENCE

National, 26th February 2021: One may think of Tokyo being a metropolitan city which is full of skyscrapers. But you will be stunned to know that it is also home to numerous beautiful parks and gardens that are worth exploring. One can get away from the hustle and bustle of the fast-moving life in Tokyo by visiting one such traditional Japanese garden in Tokyo. If you want to enjoy your day in a park with kids and family or spend some quality time with yourself to align your inner soul, Japanese gardens are for you!

The Japanese art of perfecting a garden is one of the purest forms of creativity that has been in practice for over 1000 years. Historically, gardens were conceptualized and developed in a way that they provide extreme peace. Many traditional Japanese gardens were known to be used by monks for meditation. Therefore, visiting one of the Japanese gardens is a must on your visit.

At the foot of a hill inside the Imperial Palace ground, is a beautiful Japanese style garden named the **Imperial Palace** East Gardens. This ancient Japanese garden is surrounded by original moats, walls, entrance gates, and guardhouses built by the Tokugawa shoguns (ancient military government in Japan). The entrance gate to the East garden is approx. 15 mins walking from Tokyo station.

One of the most stunning Japanese gardens in Tokyo is situated inside a famous 5-star hotel in Tokyo. This hidden gem, the Japanese Garden at Hotel New Otani Tokyo, has over 400 years of history and is located inside the New Otani hotel. This 4-hectare garden features several ancient stone lanterns, scarlet bridges over typical ponds, a stone garden, a 6-meter-tall waterfall, as well as a myriad of flowers and rich foliage that bloom and change colors from one season to the next. This garden gives people a truly authentic and traditional Japanese experience. You shouldn't be surprised to spot people wearing traditional Japanese clothes. People who aren't a guest of this hotel are also allowed to visit this garden!

Shinjuku-Gyoen National Garden in Shinjuku is located in the heart of the Japanese business and entertainment center. This garden is considered one of the best spots in Tokyo to admire cherry blossoms, which bloom between the end of March and the beginning of April. Just in one place, three different distant gardens are characterized by very different styles. The French formal garden, the English one, and the traditional Japanese type. One can take a walk inside this oasis and get away from the noise of the city. Admission fee to this visually stunning garden is 500 yen per adult.

At the heart of Asakusa is the **Denpoin's Temple Garden** that is created by famous gardener, Enshu Kobori. . Some of the captivating features in the garden include a lotus pond, cherry-blossom trees, and a small waterfall. You can also capture some unique images of Sensoji's Goju no To (Pagoda) and the Tokyo SkyTree from there. Generally, gates to the garden is only open to the public for a couple of months a year which usually falls during the cherry blossom season.

<https://www.japan.travel/en/spot/1691/>

Hotel Chinzanso Tokyo's Garden is an integral part of a 700-year-old Chinzanso hotel. This garden feature almost everything that makes a Japanese garden unique, that includes Shinto shrines and torii gates, ancient and weather-worn Shinto statues, a proud pagoda standing high above everything else, and delicate water features. This garden is considered one of the most picturesque spots during the cherry blossom season.

Popularly known as 'six poems garden', with eighty-eight scenes inspired by Japanese poetry, the **Rikugien Garden** is usually considered one of the most beautiful landscaped Japanese gardens in Tokyo. Known to be designed back in 1695, the garden has a network of paths that always lead to the central point of a large pond and hill that act as a viewing point. Rikugien Garden is especially popular during the cherry blossom and fall foliage seasons when the garden is blanketed in seasonal hues. At these times, both locals and foreigners flock to see the colorful transformation and take part in hanami (cherry blossom viewing) and momiji-gari (fall-leaf viewing).

Mukojima-Hyakkaen Garden is flora heaven which is filled with numerous species of flowers drawn from the Japanese literature. You can find some species of a flower blooming in almost every season but the summer here is truly dreamy. This century-old garden has a magical clover tunnel that one shouldn't give a miss.

These are a few of the gardens that are present in Tokyo worth visiting. The beauty of a traditional Japanese garden is unmatched and extremely different from castles, temples and skyscrapers. After closely noting its details and intricacies, you will learn how to appreciate just how much work and planning goes into creating the perfect ambient and visual. After all, the Japanese have spent thousands of years perfecting this art form!

PRESS RELEASE

報道発表資料



Japan National
Tourism Organization

About Japan National Tourism Organization:

The Japan National Tourism Organization (JNTO) was founded in 1964 with the mission of enticing foreign travelers to Japan. Affiliated with the Japan Tourism Agency of the Ministry of Land, Infrastructure, Transport and Tourism, JNTO has effectively functioned as the Japanese government bureau of tourism. It has a total of 21 tourism-promotion-oriented offices across the world, and a large network of suppliers for tourism and event services in Japan. The Japan Convention Bureau (JCB), within JNTO, gathers professionals dedicated to attracting international conferences and incentive tours to Japan, located in 6 strategic offices.

Campaign Information Website: <https://www.japan.travel/2020/en/>

JNTO Website: <https://www.japan.travel/en/in/>

For more information contact:

DeepaDoshi

+91-9820663193



Japan National Tourism Organization
Delhi Office

Address : Unit No. 203, 2nd Floor, East Wing,
World Mark 1, Asset - 11, Aerocity, New Delhi,
110037, India

URL: <https://www.japan.travel/en/in/>